





Supporting and working with community groups and clubs to promote a deeper understanding of local health and care needs and experiences



Spotlight on Yada



Yada is a charity working across coastal West Sussex with the aim to end the sexual exploitation of women. Their vision is to see a world where women can live a life free from violence, abuse, and stigma.

As part of this work, they run The Esther Project, a free, tailored, confidential support service for self-identifying women in the sex industry or at risk of sexual exploitation. This outreach usually takes place 1-1, where they work alongside individual women to reach their goals -access education and/or debt support, find a safe place to live, practice better safety planning or talk through their experience in a safe, confidential, non-judgmental space.

They also run wellbeing workshops in women-only spaces with partner organisations, such as Stonepillow, Emerging Futures, Safe in Sussex and the Probation Services. All of their outreach work aims at decreasing isolation and increasing wellbeing and safety.

If you are a professional who may engage with women in the sex industry or at risk of sexual exploitation and would like support with understanding the industry - the routes in, the stigma involved, language and legal frameworks- as well as support with practical conversation tools, Yada's free training would be perfect for you. If you have a team who could benefit from this training, please email their Student Outreach and Training Officer kath@ yadauk.org to book an in-person session. Alternatively, you can now access their training online through Eventbrite.

If you sell or exchange sex, identify as female and would like some practical or emotional support specifically tailored to you and your goals, Yada would love to hear from you.





If you are setting up or would like to share news of a similar project we would be interested to hear from you. Please contact Cheryl Berry, Community Partnership Lead, email: cheryl.berry@healthwatchwestsussex.co.uk

For help, advice, and information or to share your story



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We have the power to make sure NHS leaders and other decision makers listen to your feedback and improve standards of care. We also help people to find reliable and trustworthy information and advice.



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