



Supporting and working with community groups and clubs to promote a deeper understanding of local health and care needs and experiences

Spotlight on TAC Access



TAC Access is a new UK-wide directory of professionals offering services for children and young people.

It was conceived by a former senior leader in alternative provision and a recently retired head teacher following the suicide of 6 youngsters in their district in under a year.

TAC Access has won significant support for its work from a wide range of professional bodies including BACP (British Association of Counsellors and Psychotherapists) and NCS (National Counselling Society). These two organisations represent more than 70,000 professionals many of whom have the capacity to offer support to children and young people now.

The directory was developed with two IT Co-founders whose expertise in mapping and dating software translated remarkably well to a new context. The directory does three simple things which transforms the provision of mental health support for 3-25 year-olds.

Agencies are removed from the commissioning process, meaning that more professional support can be funded from the same budget.

Children and young people can have a voice in choosing their therapist, using video profiles.

All professionals' credentials are verified ensuring, that they are qualified to work with children and young people and are safe to do so.

More than 110 professionals are now registered to offer their services through the directory. TAC Access has just expanded its offer to commissioners beyond schools and colleges to any individual or organisation seeking support for a child or young person.

Right now, the directory is prioritising access to mental health support. Going forward, the aim is to become a UK- wide hub working in collaboration with professional and governing bodies to ensure that whatever the needs may be, TAC Access can be the gateway to rapid cost-effective support.

Register for your free account [here](#)



If you are setting up or would like to share news of a similar project we would be interested to hear from you. Please contact Cheryl Berry, Community Partnership Lead, email: cheryl.berry@healthwatchwestsussex.co.uk

For help, advice, and information or to share your story



Healthwatch is your health and social care champion. If you use GPs and hospitals, dentists, pharmacies, care homes or other support services, we want to hear about your experiences.

We have the power to make sure NHS leaders and other decision makers listen to your feedback and improve standards of care. We also help people to find reliable and trustworthy information and advice.



Last year, we helped nearly a million people like you to have your say and get the support you need.



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