



Supporting and working with community groups and clubs to promote a deeper understanding of local health and care needs and experiences

## Spotlight on CancerWise

CancerWise is a support centre based in Chichester. We offer a wide range of services supporting cancer patients and their families in West Sussex and South East Hampshire.

We provide:

- One-to-one Counselling
- Complementary Therapies including Cranial Sacral therapy, Acupuncture, Reiki, Naturopathy, Aromatherapy Massage and Reflexology
- Art Groups
- Qi Gong
- Singing Group
- Social Events
- Monthly Support Groups

Our Support centre is here to welcome everyone and help build strong and long-lasting relationships during challenging times, both mentally and physically.



What we do would not be possible in the absence of considerable fundraising effort by staff, volunteers and the general public. We rely on goodwill to keep the centre running. This means that we do ask our clients to make a donation towards any service they receive.

Healthwatch West Sussex works in partnership with groups like CancerWise to gather insight from people who use their services and their families. What people tell us about their experiences of Health and Social Care is anonymised and collated and forms part of the evidence that Healthwatch gather to identify common themes around what works and doesn't work for local people.

This insight is used to influence service development and can feed into:

- West Sussex Health and Wellbeing Board
- HASC - Health and Adult Social Care Select Committee
- WSCC Joint Strategic Needs Assessment
- Safeguarding Adult Board
- Sussex Health and Care Partnership workstreams (the NHS Integrated Care System for Sussex).

Healthwatch West Sussex also share reports with the Care Quality Commission (who are responsible for the registration and inspection of services which deliver regulated activities) and to Healthwatch England to form part of the national picture used to influence national developments, such as the NHS Long Term forward plan.

To learn more about CancerWise do call us on **01243778516**  
We are Open Monday - Wednesday 9 - 4, Thursday & Friday 9 - 1

4 City Business Centre, Basin Road, Chichester, PO19 8DU  
[www.cancerwise.org.uk](http://www.cancerwise.org.uk)



Not only do we collect the experiences of local people, but we can also provide free information and guidance just call: **0300 012 0122**.

Email [helpdesk@healthwatchwestsussex.co.uk](mailto:helpdesk@healthwatchwestsussex.co.uk),  
Website [www.healthwatchwestsussex.co.uk](http://www.healthwatchwestsussex.co.uk).

**healthwatch**  
West Sussex

You can also follow our social media channels:

Facebook [@healthwatchwestsussex](https://www.facebook.com/healthwatchwestsussex)

Twitter [@healthwatchws](https://twitter.com/healthwatchws)

If you are setting up or would like to share news of a similar project we would be interested to hear from you. Please contact Cheryl Berry, Community Partnership Lead, email: [cheryl.berry@healthwatchwestsussex.co.uk](mailto:cheryl.berry@healthwatchwestsussex.co.uk)