



Supporting and working with community groups and clubs to promote a deeper understanding of local health and care needs and experiences

Spotlight on Aspire Sussex



Aspire Sussex is an adult education charity committed to providing community-based, accessible education across West Sussex. Many of our courses offer a 10% concession to those aged 65 and over and a 45% concession for those on

specific means tested benefits and low wage.

We are pleased to announce that we are now able to offer certain employment, wellbeing and life skills focused courses with a 100% concession (a FREE place) to anyone accessing specific means tested benefits and to those able to claim on our Low Wage Learner offer!

Do you know someone who could benefit from this?

Our full list of 100% concession courses will be available in our brand-new Summer 2020 brochure coming out early February or on our website on our [100% Concession](#) page. For more information on any of our courses or to enrol, please see our website www.aspiresussex.org.uk, email us at enquiries@aspresussex.org.uk, or call 0345 601 0161. Call us on 0345 601 0161 or visit our [Community Learning Courses](#) page on our website for more information on concessions and funding opportunities.

Healthwatch West Sussex are delighted to work in Community Partnership with Aspire to raise awareness of the services they offer to local people and in turn to provide an opportunity to individuals who use Aspire to learn about how they can share their experiences of health and social care in West Sussex communities and where they can gain advice and information about health and care services.

All of the insight we collect from people across West Sussex is collated and anonymised and forms part of the evidence that Healthwatch gather to identify common themes around what works and what could be improved for local people.

This insight is used to influence service development and can feed into:

- West Sussex Health and Wellbeing Board
- HASC - Health and Adult Social Care Select Committee
- WSCC Joint Strategic Needs Assessment
- Safeguarding Adult Board
- Sussex Health and Care Partnership workstreams (the NHS Integrated Care System for Sussex).

Healthwatch West Sussex also share reports with the Care Quality Commission (who are responsible for the registration and inspection of services which deliver regulated activities) and to Healthwatch England to form part of the national picture used to influence national developments, such as the NHS Long Term forward plan.

For more information on any of Aspire Sussex courses or to enrol:

Website: www.aspiresussex.org.uk

Email at: enquiries@aspireussex.org.uk or call 0345 601 0161.



Not only do we collect the experiences of local people, but we can also provide free information and guidance just call: **0300 012 0122**.

Email helpdesk@healthwatchwestsussex.co.uk,

Website www.healthwatchwestsussex.co.uk.

healthwatch
West Sussex

You can also follow our social media channels:

Facebook [@healthwatchwestsussex](https://www.facebook.com/healthwatchwestsussex)

Twitter [@healthwatchws](https://twitter.com/healthwatchws)

If you are setting up or would like to share news of a similar project we would be interested to hear from you. Please contact Cheryl Berry, Community Partnership Co-ordinator, email: cheryl.berry@healthwatchwestsussex.co.uk