

Face to Face Conference, Safeguarding & Children in Care Fortnight. Amex Stadium, 15 November, 09:30-16:30

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08.45 - 09.30 Arrival and networking

09.30 - 10.00 **Tackling Health Inequalities in Sussex; Tanya Brown-Griffith, Programme Director, Population Health and Inequalities, Personalised Care, Race Equality and Prevention Programmes, NHS Sussex**

Overview of Health Inequalities and the main drivers of Health Inequalities in Sussex. Within the content we will see how this intersects with Safeguarding and identification of "PLUS populations" which includes Children in Care who require additional and focussed support. Actions being taken and planned within Sussex will be outlined and how we are working in partnership with all our partners to take a collaborative approach to address inequalities.

10.00 - 11.00 **Care Experience - the impact on lived experiences of the care system, Hannah Kirkbride, CEO Career Matters**

How can work across systems to improve outcomes for children, young people and adults with lived experience of the care system and what works to create healthier, fulfilling futures.

11.15 - 12.00 **Morning Workshops:**

Workshop 1 - Trauma Informed care and multiple disadvantage - Sarah Cerioli (NHS Sussex), Vikki Hensley (Sussex Partnership NHS Foundation Trust), Louise Patmore (West Sussex County Council)

Covering an introduction to Trauma Informed Care (TIC) and trauma informed leadership and language. Systems thinking how can we work together in TIC. We will be highlighting a recently published thematic review for discussion.

Workshop 2 - System Solutions and improving outcomes for children and young people with care experience - Hannah Kirkbride, CEO Career Matters

Workshop exploring;

- What is in place and what can be built upon
- Support needs of care experience
- What can be done to improve health outcomes
- How to engage people with lived experience in service design, delivery and the workforce

Workshop 3 - Reducing health inequalities for adults who are care experienced - Howard Pescott, Associate Director of Quality and Safety, Sussex Community NHS Foundation Trust

Focus on the need to reduce health inequalities for adults who were in care as a child. Howard will be sharing his experience of being in care as a child.

12.10 - 13.10 **'Behind Closed Doors', Narrative Alchemy (previously Alter Ego)**

An Applied Theatre production developed to raise awareness around the issues surrounding Domestic Abuse and Coercive Control.

13.10 - 14.00 Lunch provided

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14.00 - 14.15 **Health inequalities and the impact on our population,
Adam Doyle, CEO, NHS Sussex**

Key links between safeguarding and health inequalities.

14.15 - 15.00 **Safeguarding adults with multiple compound needs - Chas Walker, Brighton & Hove City Council and NHS Sussex, & Jo Rogers, West Sussex County Council**

Adults with three or more multiple compound needs (also known as multiple disadvantage) average life expectancy is 34 years less than the average person. How can we work more effectively as System Partners to improve the health, care and social outcomes for this marginalised population group.

15.15 - 16.00 **Afternoon Workshops:**

Workshop 1 - Language that cares - Care Leavers Advisory Board and Claire Tooke, Voice and Participation Officer for Children We Care for and Care Leavers, West Sussex County Council

Young person led workshop reflecting on use of language.

Workshop 2 - Safeguarding adults with multiple compound needs - Chas Walker, Brighton & Hove City Council and NHS Sussex, & Jo Rogers, West Sussex County Council

A further deep dive into multiple compound needs. Looking in more detail at how we effectively work as System Partners to improve the health, care and social outcomes for this marginalised population group.

Workshop 3 - Substance misuse and mental health - Gill Field, Designated Nurse Safeguarding Adults, NHS Sussex; Becky Marshall, Dual Diagnosis Nurse Consultant, Sussex Partnership NHS Foundation Trust; Thea Hendrick, Service Manager, East Sussex CGL Drug and Alcohol Services

Focus on the impact of substance misuse and mental health across the lifespan.

16.10 - 16.30 **Closing summary and thanks**

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AMEX Stadium, Village Way, Brighton & Hove, BN1 9BL
Nearest train station is Falmer
Free Car Park