

Sussex Partnership NHS Foundation Trust, Carers Support Organisations and Healthwatch in Sussex Collaboration - supporting relatives and carers of residents in care settings. January - March 2021

Please use this link to book on the final webinar on 24 March as outlined below - <https://www.eventbrite.co.uk/e/what-could-and-should-the-system-be-doing-to-support-relatives-and-carers-tickets-146751572905>

Familiarisation Session - 4.50 -5.00pm  
For any attendees who would like a short navigation of the Zoom functions.

Programme - Part 1 -5.00-6.00pm

## What could and should health and care organisations be doing to support relatives and carers?

### Welcome everyone

Online Poll (Zoom) - How many carers joining the call have visited their relative, friend since Care Homes 'opened' on March 8<sup>th</sup>?

Family Carers share experience of visiting their relative since 'opening up' (5 minutes)

*Here are some prompts to reflect on: What worked well, what didn't and why? Have you got regular visits booked?*

Panels 60 Second Spotlight challenge. (Each invited panel member has 60 seconds to say:

- *What has your organisation done?*
- *Where has your organisation made a difference to family carers?*
- *What could you have done differently?*
- *Pledge - What will your organisation be doing to support family carers in the future?*

Q & A session (40 minutes)

Joining the webinar will be a range of health and care professionals to respond to any questions and provide the most current information on the progress so far including:

Dr Padma Dalby, Consultant Clinical Psychologist (SPFT)

Deborah Becker (SPFT)

Public Health colleagues (TBC)

Rosemary Pavoni, West Sussex Providers Forum

West Sussex County Council (TBC)

Clinical Commissioning Group (TBC)

Sonia Magan, CEO, Carer Support West Sussex

Next Steps (5 minutes) - Part 1 closes for Health and Care Partners

**End of Part 1 - 6pm**  
**(NHS/Social Care and Public Health attendees will be asked to leave the room/meeting)**

**Programme - Part 2 - 6 - 6:30 pm**  
**(Family Carers, Carers Support and Dr Padma and team, along with Healthwatch)**

Relatives and carers are invited to this closed session to reflect on discussions from Part 1 and hear as many carers views as possible.

Facilitating conversations will be Dr Padma Dalby and the Care Home Well-being Project team

**Outline for the session**

**Ground Rules**

- Your thoughts going forward - what does support from the 'system' look like from the family carers perspective?
- What recommendations (achievable) are required to make it happen?
- What have we learnt from these webinars?

We invite you to pre-submit questions to the webinar panel for addressing during the event. These can be emailed to [katrina.broadhill@healthwatchwestsussex.co.uk](mailto:katrina.broadhill@healthwatchwestsussex.co.uk)