

Help improve mental health care for young people aged 17 to 25

Have you used young person's mental health services in Sussex?

Tell us your experiences of these services to help the NHS make moving to adult mental health care work better.

Your experiences will help the people who plan and provide mental health services locally make sure that they understand what matters to you.

And it will support a national project to improve young people's mental health care.

Join a small online workshop

on Saturday 6th February 2021, 10.30am - 12.30pm

This will be run by one of our experiences project workers. Or you can have your say one-to-one over the phone.

You'll get a £25 Amazon thank-you voucher.

How to join



Call or text Kat on:
07967 327 257



Email:
katrina.broadhill@healthwatchwestsussex.co.uk

