



**Health & Independent
Living Support**

**Hot tasty meals on wheels delivered to you at
lunchtime by our caring team**



Support at Home

Delivering more than just a meal...

- Meals are delivered by our friendly **Community Team Members**, 365 days of the year
- Each visit includes a **caring wellbeing check**
- Meals can be ordered as a one-off, temporarily, or for as long as you like
- Enjoy a delicious range of nutritionally balanced meals to suit all tastes and dietary requirements

Contact us on:

T: 0330 2000 103

E: westsussex@hils-uk.org

www.hils-uk.org



Scan QR code to find out more...



**Hot main meal and dessert
contact us to find out more**

