

Community Partnerships Update October to December 2019

Our Community Partnerships work has continued to reach people of all ages and backgrounds across West Sussex. To date our Community work has ...

- Developed partnerships with 201 Community Organisations
- Engaged with 3072 Individuals
- Captured insight from 1982 separate experiences and stories

Highlights of our collaborative partnership in this quarter work include:



Community Engagement event at The Bridge Leisure Centre (32 statutory and community organisations attended and reached approx. 300 people). A [short film of the event](#) was created by a local volunteer film producer and gives a strong feel for the breadth of community support and cohesion in the Horsham area.

As part of Self-Care Week an [Information and Awareness event was held in partnership with Age UK East Grinstead](#), where over 40 local people attended.



An [outdoor, interactive collaborative Sustainability, Health and Wellbeing Event with the Horsham District Scouts](#). This was a partnership project between: Healthwatch West Sussex, West Sussex Waste Partnership Team, UK Harvest and Horsham Matters. Attended by 150+ young people and families.

Ongoing independent community engagement for the Midhurst North Chichester Integrated Health Hub. Following the second public meeting to update and involve local people on proposals for an Integrated Health Hub on 8 October 2019, Healthwatch have supported some [wider independent engagement at a series of events contained in the published report](#). Healthwatch has also filmed the Hub lead, Dr Emma Woodcock to offer local people an update in a [video](#) giving information on what is suggested and how it is envisaged the hub will improve services for residents.



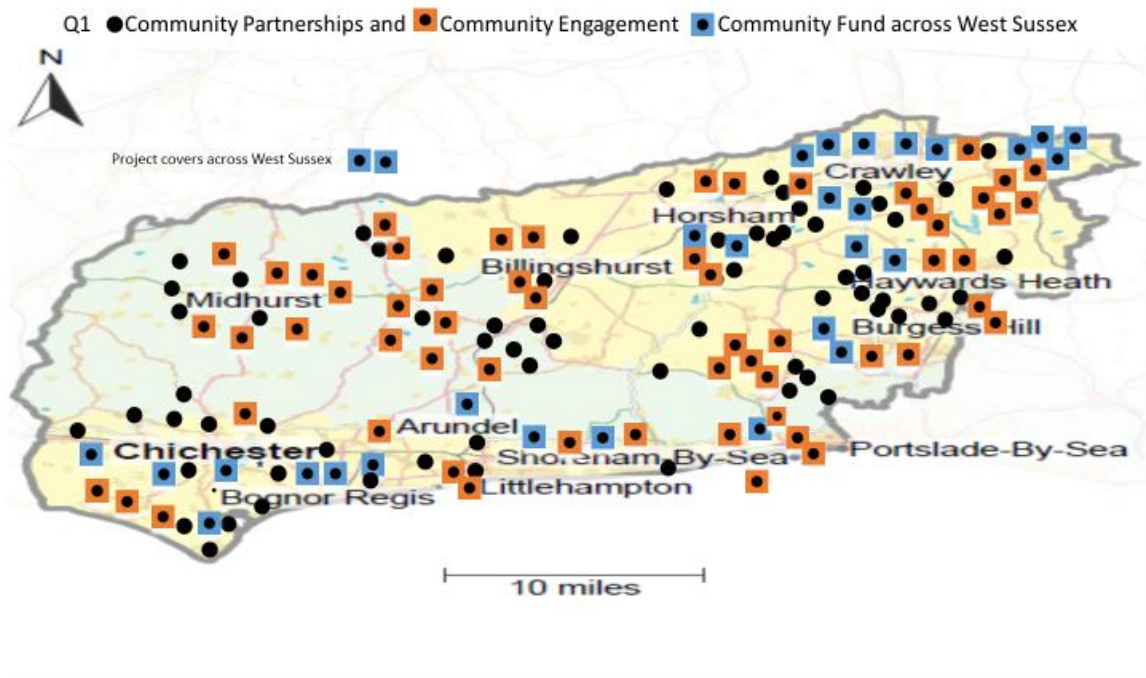
We already have evidence that our **Community in Action approach**, as demonstrated by the examples above helps to underpin the aspiration of truly Integrated Care Systems where Health, Social Care, Community and Voluntary organisations work together in partnership to better support individuals, their families, carers and friends.



Working in partnership with West Sussex County Council's Library Services our **Pop-Up in Libraries engagement** goes from strength to strength. During September to December we visited ten different libraries across West Sussex.



The range of community and voluntary sector organisations we have active collaborations with shows a thriving and diverse community, which provides a real richness to our work. The map below shows our Community Partnership, Engagement and Community Fund projects for the past nine months. These partnerships ensure that the widest breadth of West Sussex voices help to shape and influence those who commission, deliver health and social care at this time of transformation and change.



Community Health Hub Rural North Chichester (Midhurst, Pulborough & Petworth) Engagement

During this quarter we have supported the Midhurst Task and Finish meetings and presented our engagement findings. We have created regular update [video](#) of the Health Hub Lead, Dr Emma Woodcock to ensure as many residents as possible are aware of this innovative development.

We have engaged with local people to capture thoughts and views, using multiple communication channels. [A report of the views captured during October](#) has been published.

Spotlight Case Studies for Community Work across the county



One of our activities is to put the Spotlight on the amazing work that community and voluntary sector organisations provide.

With 8 new case studies this quarter, we now have over 40 case studies to shine a light on some of the [great ideas that could be adopted or adapted in other areas in West Sussex](#).

[Action on Postpartum Psychosis](#) a severe mental illness which begins suddenly following childbirth. We shared this with the Public Health and Practice Development Lead for Western Sussex Hospital NHS Foundation Trust, and this has now been included onto the Family Assist Portal as information for staff and public about the condition.

[Paracise](#) - Paracise is a 45-minute class with no floor work that takes functional exercises and blends them into a simple choreographed routine to fabulous music.

[The Royal British Legion's Independent Living Service](#) - high quality, friendly and professional service to live safe and well at home.

[Horsham and Shipley Community Project](#) – offer a range of activities – Men's Shed, Pétanque, Walking Football, Veterans Football, the Green Project and Health Walks exploring the local area. Their aim is to help create a happy, healthy and involved local community.

[Workaid](#) - designed for those who have little or no employability skills or little work experience.

[Self-Care Event East Grinstead](#) - Our Self-Care Week Community Information Event was a collaboration with Age UK East Grinstead and held at their offices at the Glen Vue Centre, on the 18th November. This was a 'free drop in event', with refreshments and introduction/taster sessions. We have submitted this event for an award by the Self-Care Forum.

[West Sussex County Council Library Services](#) - provides a wide range of services from borrowing a book, free computer use, regular activities for adults and children, local reading groups, room hire, local services for children and young people, supporting people to keep healthy and well are all examples.

[My Care Matters](#) -social enterprise with a mission to improve the experience of care in any care setting for people with communication challenges.

Over the past nine months we have built an extensive local networks and collaborative relationships between communities are the 'glue' that hold services and communities together. To this end we have been linking up community organisations for mutual benefit, and very much needed with the new ways of working.

Community in Action

We attended and had a stand at the Chichester University Dementia, Planning and Dying conference. This was an opportunity to capture insight and share experiences. We also attended the Community Transport meeting in Tangmere organised by Voluntary Action Arun and Chichester. Supported Public Health Ageing Well Compassionate Communities project with community engagement insight. Supported West Sussex County Council Partnership Lead -Horsham with Assets Mapping.

Community Partnership co-production with the Disability Trust



Healthwatch Community Partnerships worked with the Disabilities Trust to develop a [Best Interest Decision Making toolkit](#) for use by Health and Social Care professionals working with vulnerable people who lack capacity to make their own decisions about medical care or who are at risk when needing medication or surgical procedures.

The toolkit has been made free to anyone to use and is shared as best practice by Healthwatch England.

In October the project was presented to the members of the **West Sussex Partners in Care** and the tool was used immediately. We received some strong examples of the difference this has made to individuals receiving care, families and carers and health professionals.

The toolkit was presented at the 2019 national **Healthwatch England Conference**, 55 people attended including a representative from NICE guidance, it was a good conversation generator. We are now actively liaising with NICE to endorse the toolkit as part of their resources for the Mental Capacity Act.

Working with the Healthwatch Engagement Team

During this quarter we have continued to actively work with a wide range of health conditions organisations, focussed on supporting people in their local communities. We welcome all opportunities and look forward to working with even more community and voluntary organisations on future projects. We are delighted to be able to report that we are already seeing positive outcomes from these meetings for our engagement team who are now meeting with local support groups to provide presentations, capture stories and insight and raise awareness of our **Information & Advice Helpdesk**, **Advocacy**, and **#ItStartsWithYou** project. Our [Community Partnership webpage](#) reflect this. If you aren't already working with us, why not? Please do contact us and we can explore partnership working during 2019/20.

Raising Awareness Partnerships - Working Age



We are actively working with Southern Water by linking their lead to many of our community contacts. We have also published and circulated a Spotlight report.



Our Raising Awareness Lead has been working with South Downs Leisure, the charity who run leisure centres across Worthing including Worthing Leisure Centre, Splashpoint, Field Place, Davison Leisure Centre and the Fitness Centre at Worthing College.

South Downs Leisure has a strong focus on outreach and inclusion, alongside well-being for both their 450 strong staff and visitors to the site. An article about Healthwatch has been included in their staff newsletter and work is being done to maintain awareness of Healthwatch across the staff team, working with HR with their Health and Wellbeing sub-group. Healthwatch information has recently been taken to their Board as evidence of supporting staff in their Time to Change pledge.

South Downs Leisure will be displaying Healthwatch Posters across all sites and Healthwatch leaflets will be available in community info areas. They plan to share information across Facebook group and social media.

Future events allowing partnership work between Healthwatch West Sussex and South Downs Leisure include a Disability Day, attendance of the Phoenix Club coffee mornings and a presentation at Speakers Lunch. Healthwatch have also been given an open invite to have a physical presence at the Leisure Centre sites to promote any campaign.



The Dome Cinema, Worthing is a busy independent cinema on Worthing seafront.

It has 3 screens, ranging from to 500 seats and shows approximately 8 to 10 screenings a day. These screenings include regular Parent and Baby, Disability Friendly and Subtitled screenings.

Staff at The Dome Cinema are very supportive of Healthwatch West Sussex. They have supported the Premiere of our Youth Engagement Films and are showing a Healthwatch West Sussex advert during the pre-show slides of all their screenings. Healthwatch information is available in their entrance and we are welcome to use their foyer space for raising awareness promotions.



We met with Sussex Oakleaf several times during the Burgess Hill Listening Tour and their staff are interested in using Healthwatch information to support signposting their clients and including Healthwatch in events.

Raising Awareness Partnerships - young people



Chichester College is a college of further education, age 16+ in Chichester, West Sussex, England. It has a second, campus at Brinsbury, near Pulborough.

It is a member of the Collab Group which represents the largest colleges in England. The Chichester Campus has a large international student programme and the Brinsbury Campus has a significant number of students with Special Educational Need.

After meeting their CEO, Shelagh Legrave at a Chichester Chamber of Commerce meeting, Healthwatch West Sussex were invited to attend their three Fresher's Fairs. These events provided a good opportunity for raising awareness of Healthwatch with students but also proved very useful for networking with other organisations and the teaching staff as well as forging partnership links between Healthwatch West Sussex and Chichester College.

Various College Departments will use Healthwatch information as part of their displays to support students. These includes the Beauty Department, English Department, The Farm and the College Counselling Service.

Healthwatch information slides will be displayed on the College information screens and Healthwatch posters will be displayed around the College sites.



Work is ongoing in building partnerships with the National Citizen's Service across West Sussex. The National Citizen Service (NCS) is described as an essential experience for 16-17 year olds, providing an opportunity to build skills for work and life while taking on new challenges. In West Sussex, NCS is divided into three areas, Bognor, Littlehampton and Chichester, then Crawley, Haywards Heath and East Grinstead, and Mid-Sussex.

Healthwatch West Sussex is working on developing a resource pack that can be used in NCS Social Action programmes.

The work we have been doing with young people and partners is included in our report that will be given to commissioners and the Independent review looking at developing support around emotional and mental health services.

Looking forward

We welcome partnership working with any community and voluntary organisation and businesses of any size to raise awareness of the information and advice available and to hear and amplify local voices, in relation to Health and Care. Working and sharing together makes our community stronger and individual voices louder. To find out more about our Community Partnerships work please do contact Cheryl Berry.

During January to March we will be as busy as ever and our Community Partnership Lead will be Popping -Up at various Libraries within West Sussex: Crawley, Haywards Heath, Midhurst, Bognor, Arundel, Burgess Hill, East Grinstead, East Preston, Horsham and West Witterings.

Youth Activity Resource Pack

We will be presenting our new Youth Pack at the January Health and Wellbeing Board with a view to making this innovative and engaging pack available to all organisations working with young people.

We will be attending the Sussex Oakleaf Event - Time to Talk on Thursday 6th February at Claire Hall Haywards Heath. Also, the Mid-Sussex Older People's Forum in Haywards Heath on Tuesday 10th March and we have been invited to join the MIND Midhurst Support Group.



Our partnership event with Rivers LPC will be at Broadfield Community Centre on Thursday morning 13th February.



Our collaboration with Places Leisure continues and we will be holding a Children's and Young People's event at **The Bridge Leisure Centre** on Saturday morning 7th March.

We are also planning an event at **The Triangle Leisure Centre** on Thursday morning 26th March.

Contact us

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