



Supporting and working with community groups and clubs to promote a deeper understanding of local health and care needs and experiences

Spotlight on Parkinson's UK

Parkinson's UK www.parkinsons.org.uk is a charity that drives better care, treatments and quality of life, as they do not want anyone to face Parkinson's alone. They provide information, advice and support via local advisers and a national helpline (0808 800 0303).

Parkinson's UK is the largest charity funder of research into Parkinson's in the UK, it funds research aimed at finding better treatments and improving the understanding of Parkinson's and its causes. It raises money through donations, legacies, community fundraising, events and corporate partnerships. The charity offers support and information to people affected by Parkinson's, their families and carers through a network of 350 local groups across England, Wales, Scotland and Northern Ireland.

Their strategy is based on what people with Parkinson's, their families and carers have told them would make the biggest difference to their lives.

The key topics people chose to speak to Healthwatch about were:

- Difficulties in accessing Consultant and Specialist Nurse appointments
- Unclear communication by health care professionals
- Local transport issues to access services

The insight from each person was collated and anonymised and forms part of the insight and evidence that Healthwatch gather to identify common themes around what works and doesn't work for local people. **This insight is used to influence services development and can feed into:**

- West Sussex Health and Wellbeing Board
- HASC - Health and Adult Social Care Select Committee
- WSCC Joint Strategic Needs Assessment
- Safeguarding Adult Board
- NHS Sustainability Transformation Partnership workstreams (Sussex & East Surrey).

Healthwatch West Sussex also share reports with the Care Quality Commission (who are responsible for the registration and inspection of services which deliver regulated activities) and to Healthwatch England to form part of the national picture used to influence national developments, such as the NHS70 10 year forward plan.



Not only do we collect the experiences of local people, but we can also provide free information and guidance just call: **0300 012 0122**.

Email helpdesk@healthwatchwestsussex.co.uk,

Website www.healthwatchwestsussex.co.uk.

healthwatch
West Sussex

You can also follow our social media channels:

Facebook [@healthwatchwestsussex](https://www.facebook.com/healthwatchwestsussex)

Twitter [@healthwatchws](https://twitter.com/healthwatchws)

To learn more about the work of Parkinson's UK visit their webpage www.parkinsons.org.uk or Carole Coupe (local adviser for Horsham, Crawley, Mid Sussex and Tandridge). Who can provide information, advice and support to people with Parkinson's and their families/carers.

Telephone number: **0344 225 3668** Email: ccoupe@parkinsons.org.uk

The Parkinson's UK help and support line (0808 800 0303) can provide information, advice and support via local advisers and has a national helpline.

If you are setting up or would like to share news of a similar project we would be interested to hear from you. Please contact Cheryl Berry, Community Partnership Co-ordinator, email: cheryl.berry@healthwatchwestsussex.co.uk