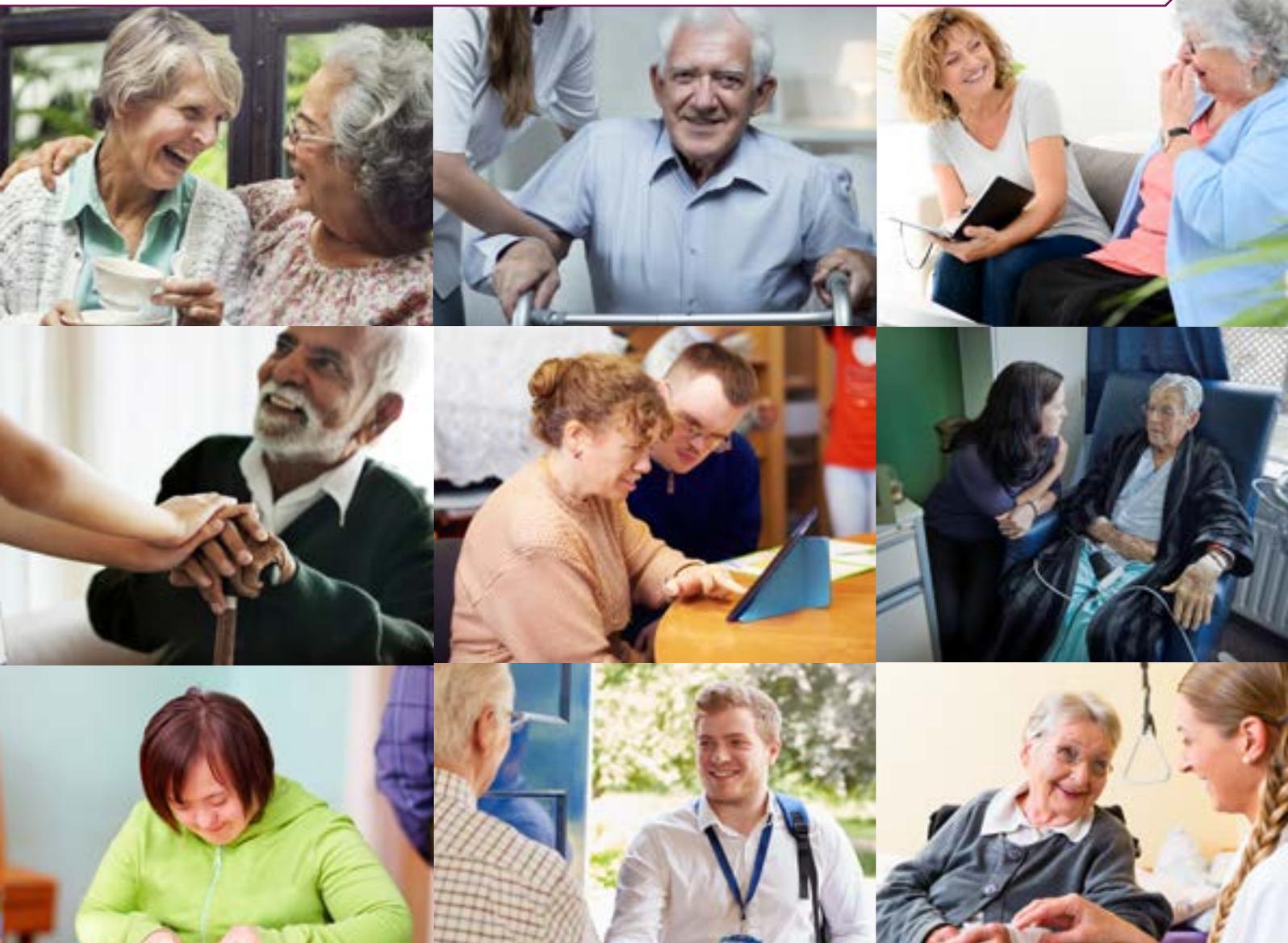




Choices for the **Future**

Adults' Services in-house social care



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If you would like more copies of this booklet and survey or need this information in another format such as easy read, in large print, on audio or in another language please contact Sue Jacobs on **0330 222 7765** or e-mail: **sue.jacobs@westsussex.gov.uk**

This booklet and survey is also available via our Have Your Say website:
www.westsussex.gov.uk/choicesforthefuture

Message from the Director of Adults' Services

We provide a range of social care services across West Sussex. These include day centres, residential homes and a Shared Lives scheme. Some are provided directly by us – these are referred to as in-house services - and others are provided in partnership with other organisations.

This information booklet will explain what changes to our in-house services we are proposing over the next five years, and to ask for your views on our proposals.

We want to improve the choice and control people have over their social care support and to build on their strengths. We also want to support people to be part of their community and to ensure they can be as independent in their daily lives as possible.

Society is changing and the support people need is different; we need to start making changes now. Through our in-house service we provide social care to over 900 people ranging from 18 to 104 years old. We know there is not a "one size fits all" approach to supporting people to live the life they want. We have to be flexible, responsive and above all see people for who they are and what they can do. This will include providing more opportunities that help people to build their skills and confidence to maintain their independence. This may also include connecting people into work, volunteering, education or using community based services and groups.

Our proposals are **not** about closing or reducing services. They are about changing them to better meet the needs of people in West Sussex in the future.

Our proposals have been developed with people who use our services, their families and carers, our staff, partners and County Councillors.

I would like to encourage you to take part in our survey so we can understand your views, concerns and preferences when making the important final decisions about the new approach to delivering in-house services in West Sussex.



Jana Burton – Director of Adults' Services

Overview

Our in-house services include;



21 building based services



500+ staff



900 users of services



A county-wide Shared Lives service with 90 paid carers

These services include:

- Five learning disability residential homes for people staying long-term or for short-stays.
- Seven learning disability day centres.
- Seven older peoples day centres.
- One residential service for people with dementia.
- One residential service to support people to go back home following a hospital stay or crisis.
- A Shared Lives service – providing services to people in carer's homes that are trained and supported by us. This can be long-term, short-term or just day time support.

We know that people are living longer both nationally and across West Sussex. We also know that the county has a greater than average proportion of people aged over 65 across England. This increase is most significant for the population that are aged 85 and over – people who are more likely to need some form of health and social care support.

It is estimated that there will be an increase of approximately 100,000 people over 65 in West Sussex in the next 20 years. These figures also include an increase in adults with a learning disability over 65.

We also know that people want different things and require different types of support at different points in their life in order to live the life they want.

As one person who uses our service put it "I just want to do normal, every-day stuff." We understand that some people will need more support than others to achieve this.

The proposed vision for our in-house service contributes to the county council's priorities set out in its 2017/2022 West Sussex Plan, with an ambition to "keeping residents safe, developing our economy and providing opportunities for all".

These priorities are:



What is the 'Choices for the Future' project?

This project was launched in 2016 to see how our in-house service can;

- contribute to the objectives and ambitions in the county council's West Sussex Plan and to the work of Adults' Services; and
- continue to provide services in the future to meet people's needs.

This included reviewing what other support is available to see where we could complement and not duplicate support in different parts of West Sussex.

Whilst there have been many individual reviews of services this is the first time we have looked at all of our in-house service at once. This has allowed us to consider;

- the changing needs across all customer groups, for example older people and learning disabilities;
- the benefits of sharing the resources we have available, for example staff skills and knowledge, building space and transport; and
- how our services can contribute to the delivery of other local care provision to meet future demand.

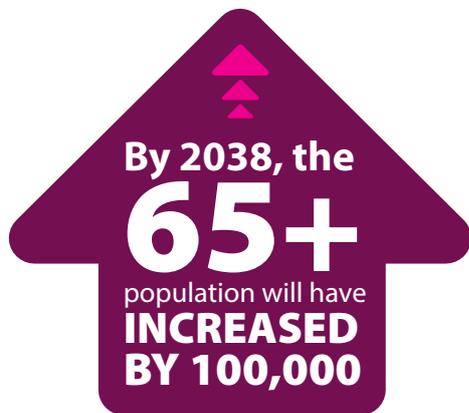
What have we done so far?

During 2016 and 2017 we looked at what was and was not working in our services and talked with over 800 people to hear their views. The work completed has included finding out about;

- how our services are used and what people think of them;
- how much services cost and if they are value for money;
- the population in each area, the projected increase on demand and when this will happen;
- what other services are provided by others in each local area;
- our buildings and if they can meet people's needs now and in the future;
- what other local authorities are doing; and
- current travel time for people receiving services and if those services are in the community they live.

What has this told us?

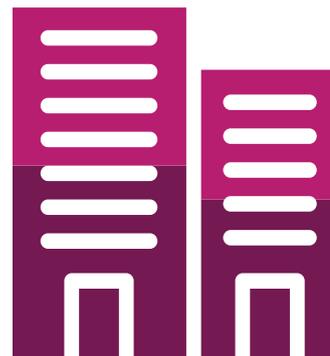
Whilst there were differences in each service and in each of the three geographical areas we operate from in West Sussex (Southern, Western and Northern) the evidence collected confirmed what has been suspected for some time:



The number of people aged 18-64 with a moderate to severe learning disability in West Sussex is estimated to be 3,160



Services are well thought of by people who use our services and families and carers - the last full survey was done in 2016/17 with 90% of people saying services were good



Approximately 55% of the building space available across our 14 day centres is not currently used by people using our services



40% of people who use our residential homes for adults with learning disabilities are over 65 and have a range of age related conditions (including dementia)



Six of the seven residential homes will not be able to meet the needs of people using the service over the next five years and four of those would require a full rebuild



Many people travel from where they live to receive services not in their community and people attending day services can spend up to three hours a day on transport.



Nearly all of our learning disability day centre buildings are not fit for purpose.

- Some of our services are better used than others, for example there is low demand for our day services for older people whilst there is high demand for our short-term services such as respite and day opportunities for adults with a learning disability.
- There is duplication of similar services in some areas, for example long-stay care and day services for older people in some area of the county.
- Our services for those with complex needs, those who are part of our Shared Lives service and people who have short-stay support, provide value for money.
- The majority of our day services for older people are in good condition and are in good locations.

Why can't things stay as they are?

Doing nothing is not an option – people's needs have changed and are changing. How and where we work also needs to change. Due to the changes in people's needs and people living longer the delivery of our services will not be physically possible in around 50% of our buildings within the next five years.

We want to **invest** in our services so they meet people's future needs, work with our partners to provide support so people can live their lives well, and ensure we achieve best value when using public money.

What will be different?

Before we came up with our proposals for each area, we developed a set of **Service Principles** with our staff, people who use our services, families and carers, County Councillors and others over the past two years. These have made sure that the proposed service changes:

- Are inclusive and do not exclude people based on the label of their disability.
- Are local and provide support when people need it.
- Focus and build on what people can do – not what they can't.
- Do more that promotes independence and everyday activities.
- Help people access and build confidence in using community solutions where they live.
- Improve people's connections with others to reduce isolation and loneliness.
- Provide specialist services in safe and appropriate environments for those people that need them.
- Provide timely and effective information and advice.
- Make best use of the resources we have (staff, buildings, transport and money).
- Work collaboratively with our partners to produce better results for people.

What services are included?

Area	Service	Location
Western (Bognor Regis and Chichester areas)	1. Judith Adams - day centre for older people	58 St Pancras, Chichester, West Sussex, PO19 7LS
	2. Marjorie Cobby House -reablement and short term residential service	38 St Peters Crescent, Selsey, West Sussex, PO20 0NA
	3. Hammonds - residential service for adults with learning disabilities	210 Hawthorn Road, Bognor Regis, West Sussex, PO21 2UP
	4. Tozer House - residential service for adults with learning disabilities	Tozer Way, Chichester, West Sussex, PO19 7NX
	5. Wrenford - day centre for adults with learning disabilities	Terminus Road, Chichester, West Sussex, PO19 8TX
	6. Chestnuts - day centre for older people	London Road, Bognor Regis PO21 1DE
Southern (Littlehampton, Worthing and Shoreham areas)	7. New Tyne - residential service for people with dementia	Durrington Lane, Durrington, Worthing, West Sussex, BN13 2TF
	8. The Laurels - day centre for older people	Sheep Fold Avenue, Rustington, West Sussex, BN16 3SQ
	9. Ball Tree Croft - residential service for adults with learning disabilities	Western Road North, Sompting, West Sussex, BN15 9UX
	10. Coastal Enterprises - day centre for adults with learning disabilities	Brougham Road, Worthing, West Sussex, BN11 2NU
	11. Coastal Workshops - day centre for adults with learning disabilities	Rustington Trading Estate Unit D2, Dominion Way, Rustington, West Sussex, BN16 3HQ
	12. Glebelands - day centre for older people	Middle Road, Shoreham, West Sussex, BN43 6GA
	13. Oaks - day centre for adults with learning disabilities	34 Woodlands Avenue, Rustington, Littlehampton BN16 3HB
	14. The Pines - day centre for adults with learning disabilities	Faraday Close, Durrington, Worthing, West Sussex, BN13 3RB
	15. The Rowans - day centre for older people	Steeple View, Pelham Road. Worthing, West Sussex, BN13 1RP
	16. Stanhope Lodge - residential service for adults with learning disabilities	Poplar Road, Durrington, Worthing, West Sussex, BN13 3EZ

Area	Service	Location
Northern (Crawley, Horsham, East Grinstead and Haywards Heath areas)	17. Maidenbower - day centre for older people	Harvest Road, Maidenbower, Crawley, West Sussex, RH10 7RA
	18. Glen Vue - day centre for older people	Railway Approach, East Grinstead, West Sussex, RH19 1BS
	19. Burnside - day centre for adults with learning disabilities	Victoria Road, Burgess Hill, West Sussex, RH15 9LH
	20. Hobbs Field - residential service for adults with learning disabilities	Leechpool Lane, Horsham, West Sussex, RH13 6AG
	21. Strawford - day centre for adults with learning disabilities	Blatchford Close, Horsham, West Sussex, RH13 5RG

Service proposals for each area:

These are presented in the three geographical areas that we provide services:

Current service and location	Service proposals – Western
<p>Marjorie Cobby House in Selsey - reablement and short term residential service</p> <p>Tozer House in Chichester - residential service for adults with learning disabilities</p> <p>Hammonds in Bognor Regis - residential service for adults with learning disabilities</p>	<p>To operate from two sites instead of three.</p> <p>To keep and develop 24 hour residential provision:</p> <ul style="list-style-type: none"> New 24 hour residential provision to focus on complex behavioural and physical need with an increase in short stay beds (including reablement). <p>Both sites are to be determined but they will be in the Chichester and Bognor areas.</p>
<p>Wrenford in Chichester - day centre for adults with learning disabilities</p> <p>Chestnuts in Bognor Regis - day centre for older people</p> <p>Judith Adams in Chichester - day centre for older people</p>	<p>Combine the Wrenford service with Chestnuts and Judith Adams and stop using the Wrenford building.</p> <p>Keep and develop day opportunity model at Chestnuts and Judith Adams sites:</p> <ul style="list-style-type: none"> New day opportunity services to be multi-use, support mixed needs, increase short-term places and have a greater focus on creating ways of working with the person in their own community.

Continues over

Current service and location	Service proposals – Southern
<p>New Tyne in Worthing - residential service for people with dementia</p>	<p>Keep and develop 24 hour residential service</p> <ul style="list-style-type: none"> • Service based on need not customer “labels” • Increase short-stay beds • Day service transfers to Rowans day centre in Worthing • Current residential service can be delivered as usual during building of new rooms.
<p>Stanhope Lodge in Durrington - residential service for adults with learning disabilities</p> <p>Pines in Durrington - day centre for adults with learning disabilities</p>	<p>Provide from one site - 24 hour residential service and a day opportunity site.</p> <p>To be built on the current Pines site:</p> <ul style="list-style-type: none"> • New 24 hour residential service to focus on complex behavioural and physical need with an increase in short stay. Current Stanhope building to remain until new site completed. • People using the Pines service would relocate to Laurels, Glebelands, Rowans and other providers during building of new site. • New day opportunity services to be multi-use, support mixed needs, increase short-term places and have a greater focus on creating ways of working with the person in their own community.
<p>Ball Tree Croft in Sompting - residential service for adults with learning disabilities</p>	<p>Keep and develop 24 hour residential service:</p> <ul style="list-style-type: none"> • New 24 hour residential service to focus on complex behavioural and physical need with an increase in short-stay. <p>Site to be determined but will remain in this area.</p>
<p>Coastal Enterprise in Worthing - day centre for adults with learning disabilities</p>	<p>Combine current service at Coastal Enterprise with Rowans, Glebelands, Laurels day centres and stop using the Coastal Enterprise building.</p>
<p>Laurels day centre in Rustington - day centre for older people</p> <p>Oaks in Rustington - day centre for adults with learning disabilities</p> <p>Coastal Workshop Rustington - day centre for adults with learning disabilities</p>	<p>Combine current service at Oaks and Coastal Workshop Rustington with the Laurels day centre</p> <p>Keep and develop day opportunity service at the Laurels.</p> <ul style="list-style-type: none"> • New day opportunity services to be multi-use, support mixed needs, increase short-term placements and have a greater focus on creating ways of working with the person in their own community. <p>Leases at Oaks and Coastal Workshop Rustington to be terminated.</p>
<p>Rowans in Worthing - day centre for older people</p> <p>Glebelands in Shoreham - day centre for older people</p>	<p>Keep and develop day opportunity service.</p> <ul style="list-style-type: none"> • New day opportunity services to be multi-use, support mixed needs, increase short-term places and have a greater focus on creating ways of working with the person in their own community.

Current service and location	Service proposals – Northern
<p>Hobbs Field in Horsham - residential service for adults with learning disabilities</p> <p>Strawford in Horsham – day centre for adults with learning disabilities</p>	<p>To provide from one site.</p> <p>Keep and develop 24 hour residential service and a day opportunity service on same site.</p> <ul style="list-style-type: none"> • New 24 hour residential service to focus on complex behavioural and physical needs with an increase in short-stay. • Current Strawford building to remain until new site completed. • New day opportunity services to be multi-use, support mixed needs, increase short term places and have a greater focus on creating ways of working with the person in their own community. <p>Site to be decided but will remain in the Horsham area.</p>
<p>Glen Vue in East Grinstead - day centre for older people</p> <p>Maidenbower in Crawley - day centre for older people</p>	<p>Re-provide the service to Shaw day services and other providers as required.</p> <ul style="list-style-type: none"> • To re-provide across Burleys Wood, Deerswood Lodge and other providers as needed. <p>Leases to be handed back to West Sussex County Council.</p>
<p>Burnside in Burgess Hill - day centre for adults with learning disabilities</p>	<p>Keep and develop day opportunity service.</p> <ul style="list-style-type: none"> • New day opportunity services to be multi-use, support mixed needs, increase short-term places and have a greater focus on creating ways of working with the person in their own community. • To continue to look for an alternative building in the Burgess Hill area.

What will happen and when?

We recognise that this needs to be a long-term plan and we estimate that it will take five years to complete – as this will include service mergers, disposing of some buildings and building some new ones.

Once a decision has been made we are suggesting that any implementation would be made up of these key activities:

- **Activity 1:** Changing our day services and introducing a new Day Opportunity service. This will include ongoing involvement of the people using services, families and carers, and our staff.
When: Years one to three - 2018-2020.
- **Activity 2:** Detailed design of our residential services, securing investment and fit with other local area priorities/opportunities. This will include ongoing involvement of the people using services, families and carers, and our staff.
When: Year one - 2018-19.
- **Activity 3:** Detailed engagement on Activity 2 with people using the services, families and carers, and implement the changes.
When: Years two to five - 2019-22.

Your views on the proposals:

We would like to find out what you think about these proposals. Please complete our survey to let us know your views.

You can either do this online via our Have Your Say website (see below for more information) or by completing one of our printed surveys which are available to pick up at all of our services.

We do have easy read versions available and these can be found at our services across the county or by contacting Sue Jacobs on **0330 222 7765** or e-mail: **sue.jacobs@westsussex.gov.uk**

Please return any completed surveys to:

Freepost Plus RSBK-CHTU-KGGG
Have Your Say
Choices for the Future
West Sussex County Council
Chichester
PO19 1RQ

The questionnaire is available to everyone and is also available online:
www.westsussex.gov.uk/choicesforthefuture

Alternatively you can e-mail any queries, questions or comments to our inbox:
IHSC.Options.Appraisal@westsussex.gov.uk

What happens next?

The results of the questionnaire, families and carer's feedback as well as the thoughts of those who use our services will be considered very carefully and what people said will be made available on the county council's Have Your Say website.

The Cabinet Member for Adults and Health will consider all of the information we receive regarding the proposals and will make a final decision on the future of our in-house services in the summer of 2018.